

Adventure and Meditation Tour with
Dr. Sue Morter

October 29-November 11, 2024

EGYPT

THE HEALING TEMPLES

**14 Days of Meditation, Exploration,
Relaxation and Transformation in Egypt**



JOURNEY INTO
ANCIENT
EGYPTIAN
SPIRITUAL LIFE
AND CULTURE.

855-872-8700

Info@DrSueMorter.com

www.DrSueMorter.com



EGYPT

THE HEALING TEMPLES

October 29-November 11, 2024

The Healing Temples Adventure & Meditation Tour



*Dr. Sue invites you to immerse
yourself in a retreat unlike any other.*

Say "Yes" to yourself.

Your heart will thank you!

Join Dr. Sue for an amazing 14-day/13-night adventure and meditation retreat designed to take you deep into ancient Egyptian spiritual life and culture.

Gather with like-minded people as we visit the Egyptian temples that are used as tools to heal the human mind, body, and soul.

Feel the energy of this ancient Egyptian territory as you take part in transformative vibrational coursework, movement, and a deep study of higher consciousness, self, and life purpose.

TOUR INCLUDES:

- Experiential coursework and meditation with Dr. Sue
- Morning yoga sessions
- Deluxe six day, five night Nile Cruise, all meals included
- Explore ancient Egyptian Temples and Museums, The Great Pyramids, Valley of Kings and Queens, Sail to Elephantine Island, and much more.
- Deluxe accommodations in 4-star deluxe hotels
- Meals as in itinerary B = Breakfast, L = Lunch, and D = Dinner
- Domestic flights in Egypt
- All transfers to and from airports on October 29, 2024 & November 11, 2024
- All fees for the sites

\$8,645 USD

*Double Occupancy -
Per Person*

\$1,800 USD

*Single Supplement -
Additional*

**Reserve your spot today
with a \$2,000* deposit.**

* A non-refundable, non-transferable \$2,000 Booking Deposit is required. Full balance due by June 30, 2024.

Dr. Sue Adventure & Meditation Itinerary: Egypt – The Healing Temples Tour

TUESDAY OCT 29: DAY 1 – CAIRO

- Arrive in Cairo by 10 PM. Transfer from airport and check into the hotel.

WEDNESDAY OCT 30: DAY 2 – CAIRO / ASWAN

- Breakfast, Welcome and Orientation with Dr. Sue.
 - Check out of hotel.
 - Flight to Aswan.
 - Visit Elephantine Island, home of one of the early creator gods, God Khnum.
 - Visit an authentic Nubian Village for dinner party.
- (B, L, D)

THURSDAY OCT 31: DAY 3 – ASWAN

- Morning drive to Abu Simbel to explore the extraordinary sites.
 - Visit the colossal Temple of Ramses II cut into the rock – the temple that Ramses dedicated to his wife, Nefertiti.
 - Sunset BodyAwake® Yoga with Dr. Sue.
 - Evening Coursework, De-Brief and Q&A with Dr. Sue.
- (B, L, D)

FRIDAY NOV 1: DAY 4 – ASWAN - NILE CRUISE

- Sunrise BodyAwake® Yoga with Dr. Sue.
 - Check out of hotel.
 - Visit a key site, the Temple of Isis on Philae Island, dedicated to the Goddess Isis who birthed Horus.
 - Explore the ancient granite quarry that contains the largest (known) Unfinished Obelisk.
 - Check-in to charter boat, Nile Cruise.
- (B, L, D)

SATURDAY NOV 2:



DAY 5 – NILE CRUISE: EDFU

- Morning BodyAwake® Yoga with Dr. Sue.
 - Sail to Kom Ombo.
 - After breakfast, visit the Temple of Kom Ombo dedicated to two gods, Sobek and Horus, continue sail to Edfu.
 - Horse buggies roll us through the ancient city of Edfu to the Temple of Horus and his consort Hathor after lunch. This temple is dedicated to the reunion of the gods and goddesses.
 - Evening Coursework, De-Brief and Q&A with Dr. Sue.
- (B, L, D)

SUNDAY NOV 3: DAY 6 – NILE CRUISE: LUXOR

- Morning BodyAwake® Yoga with Dr. Sue.
 - Sail to the city of Luxor via the Esan Locks.
 - Evening Coursework, De-Brief and Q&A with Dr. Sue.
- (B, L, D)

MONDAY NOV 4: DAY 7 – NILE CRUISE: LUXOR

- Morning BodyAwake® Yoga with Dr. Sue.
 - Drive to the West Bank of Luxor City.
 - Explore the Valley of the Kings with the tombs of the New Kingdom Pharaohs, the Valley of the Queens, and the Valley of the Nobles. Including, by special permission from the Egyptian Antiquities Organization, visits to several tombs that are not open to the general public.
 - Lunch at historic courtyard of the venerable Sheikh Ali Restaurant, a watering hole for renowned Egyptologists like Howard Carter of King Tut fame.
 - After lunch, visit the great mortuary temples of Hatshepsut.
 - Evening Coursework De-Brief, Q&A with Dr. Sue.
- (B, L, D)



Dr. Sue Adventure & Meditation Itinerary: Egypt – The Healing Temples Tour

- Visit the Temple of Karnack.
 - Evening Coursework, De-Brief and Q&A with Dr. Sue.
- (B, L, D)

WEDNESDAY NOV 6: DAY 9 – NILE CRUISE: LUXOR

- Morning BodyAwake® Yoga with Dr. Sue.
- Early morning drive to Dandara to the Temple of Hathor, goddess of love, music, and art, at Dendera. This temple contains early astrological signs carved on its ceiling.
- Drive through the exquisite lush green countryside of the majestic city of Abydos, to visit the Temple of Osiris. This temple is considered to have the best wall-colored reliefs.
- Behind the temple there is a pre-historic mysterious small temple, believed to be the tomb of the God Osiris.

(B, L, D)

THURSDAY NOV 7: DAY 10 – LUXOR - CAIRO

- Morning BodyAwake® Yoga with Dr. Sue.
- Check out of the Nile Cruise and flight to Cairo.
- Lunch in downtown Cairo.
- Visit the 16th century Street of the Tentmakers and the southern section of the 10th century Fatimid City with its medieval houses, inns, and marketplaces.
- Experience Al-Azhar, the oldest continuously functioning university in the world.
- Visit Khan el-Khalili's famous age-old outdoor market.
- Special Evening Program.

(B, L, D)

FRIDAY NOV 8: DAY 11 – CAIRO

- Early Morning BodyAwake® Yoga with Dr. Sue.
- Drive into the countryside to visit the Pyramids of Dahshur, The Red Pyramid, and the Bent Pyramid of Pharaoh Sneferu, Khufu's father.
- Lunch at Saqqara Palm Club.
- Visit the Step Pyramid in Saqqara.
- Evening Coursework, De-Brief and Q&A with Dr. Sue.

(B, L, D)

SATURDAY NOV 9: DAY 12 – CAIRO

- Early Morning BodyAwake® Yoga with Dr. Sue.
- Visit the Great Pyramid and the Great Sphinx.
- Final Evening Coursework, De-Brief and Q&A with Dr. Sue.

(B, L, D)

SUNDAY NOV 10: DAY 13 – CAIRO

- Morning BodyAwake® Yoga with Dr. Sue.
- Visit to the Cairo Museum and its collections from the Old Kingdom, Middle Kingdom, and New Kingdom, and the famous collection of King Tutankhamen.
- After Lunch, visit the old churches in Cairo including the Hanging Church and the Church of Abu Serga, where the Holi Family took a refuge after their flight from Biet Lehim.

- Farewell Dinner

(B, L, D)

MONDAY NOV 11: DAY 14 – CAIRO / HOME

- Depart for home



This itinerary is a general guide for the JourneyAwake® to Egypt and may be subject to change to enable the most appealing and meaningful tour to be arranged.

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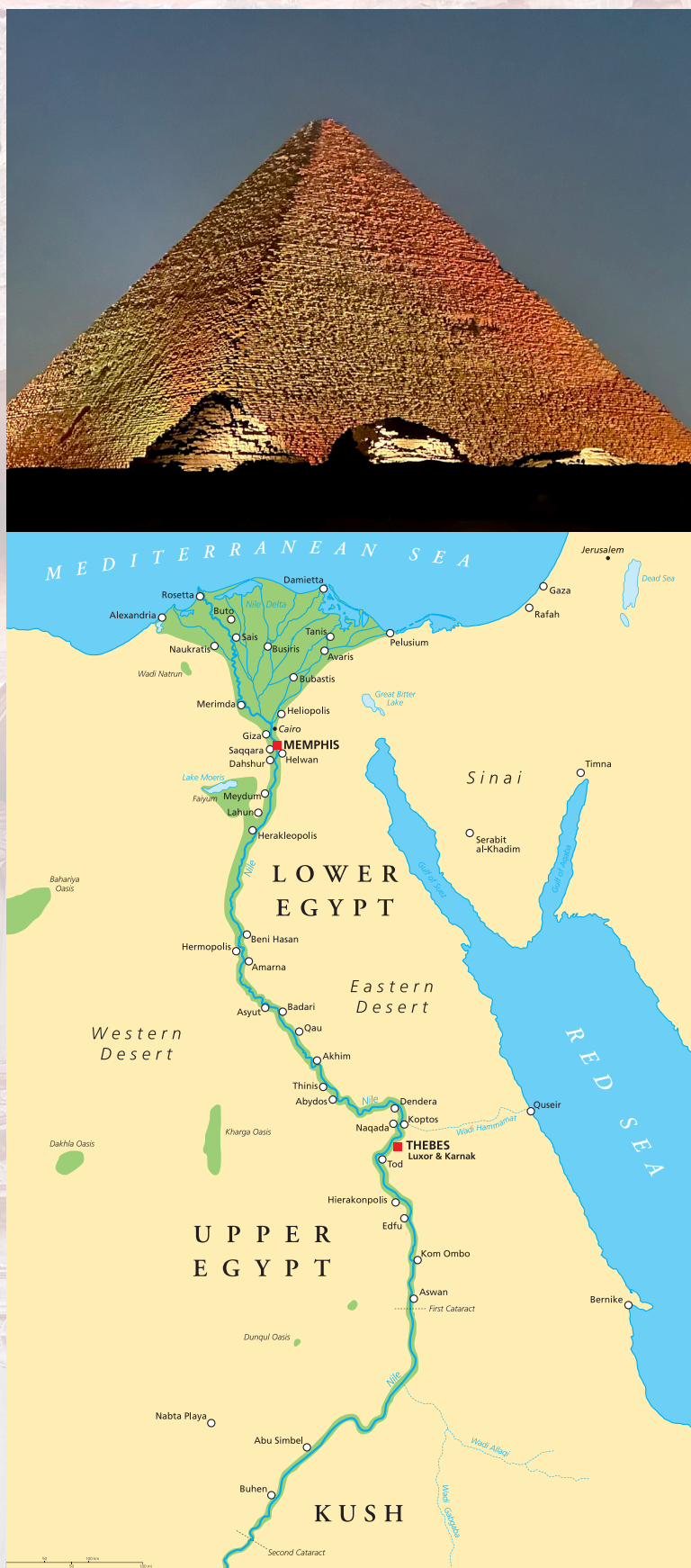
ABOUT THE TOUR LEADER:



Fadel Gad was born in Memphis Egypt. He studied Ancient Egyptian and Islamic Art and Archaeology at Cairo University and has served as former archeologist for the Egyptian Antiquities. Fadel's comprehensive knowledge of Ancient Egypt, along with his background in comparative religions and spiritual studies has enabled him to fill lecture halls and conduct a variety of successful international tours. Fadel frequently lectures on Egyptian mythology with its spiritual aspects in Egyptian Art, and the Ancient Egyptian concept of Gods and Goddesses. Both layman and scholars of Egyptology find Fadel Gad's broad range of experiences engaging and inspiring.

**For more information contact
Morter Institute:**

**(855) 872-8700
info@drsuemorter.com**



JourneyAwake® Egypt – The Healing Temples Tour

TERMS AND CONDITIONS, WAIVER AND RELEASE OF LIABILITY

IMPORTANT TRAVEL INFORMATION. I acknowledge and agree that it is my responsibility to make my own inquiries regarding my trip, including any relevant government travel safety warnings.

PASSPORT/VISAS. I acknowledge that I must have a passport valid for six months past the expected end date of my JourneyAwake Excursion. I also acknowledge that it is my sole and exclusive responsibility to obtain valid entry visas for all countries where so required. I understand that my failure to obtain correct documentation may affect my participation in all or any portion of the JourneyAwake Excursion, and I further acknowledge that Dr. Sue Morter LLC ("MORTER INSTITUTE") is not liable in any regard for such failure to obtain.

VACCINATIONS. Immunization requirements vary from country to country. I acknowledge and agree that it is my sole and exclusive responsibility to consult local requirements for the locations I will visit, my personal physician, any local public health board, and/or the US Centers for Disease Control and Prevention (CDC) in Atlanta www.cdc.gov/travel. Required inoculations, if any, must be recorded by my health practitioner on a valid vaccination certificate acceptable to all countries I intend to visit during the travel that is the subject of these terms and conditions and which I must carry for proof of inoculation where required. As of 17 June 2022, Egypt has lifted all COVID-19 restrictions on travelers coming into the country. All foreign visitors and Egyptian citizens will enter without the need to show proof of vaccination or a negative PCR test. Per the US Embassy in Egypt, travelers should be advised that: Egypt maintains 14-day quarantine periods and other preventative measures in all cases for people who test positive for COVID-19 while in Egypt. Individuals who do not adhere to precautionary measures such as wearing a mask indoors may be subject to an immediate fine or prosecution. New measures could be introduced at short notice. For more information on COVID-19 in Egypt and Egypt Travel Restrictions due to the COVID-19 pandemic, please visit the Egyptian Tourism Authority website and <https://www.egyptonlinevisa.com/travel-restrictions/> Egyptair passengers are required to check the travel requirements to Egypt at www.egyptair.com.

TRAVEL INSURANCE. I acknowledge that I am urged to arrange comprehensive travel insurance to cover any unforeseen circumstances that may occur during the JourneyAwake Excursion. MORTER INSTITUTE is not liable in any regard for my failure to adequately insure myself, and I agree to indemnify and hold MORTER INSTITUTE harmless for any expenses or delays incurred as a result of my failure to adequately insure myself.

JOURNEYAWAKE EXCURSION PRICE. The "JourneyAwake Excursion Price" is the total amount listed on my Itinerary. All JourneyAwake Excursion Prices are quoted in U.S. Dollars.

- Items Included in My JourneyAwake Excursion Price. Included items are expressly listed on the Itinerary.
- Items Not Included in My JourneyAwake Excursion Price. The only items included in the JourneyAwake Excursion price are those expressly identified on the itinerary.

BOOKING DEPOSIT. I acknowledge that I must pay the Booking Deposit listed on the Itinerary at the time of booking. Booking Deposits are non-refundable and non-transferable.

PAYMENT OPTIONS. I acknowledge I have two options to pay the remaining balance of my JourneyAwake Excursion:

1. **Full Payment** – requires the total tour balance to be paid by the final payment date as stated below. Payment will be charged to the credit card on file.
2. **Payment Over Time** – requires the total tour balance be paid in six payments starting January 2024 auto-charged every 30 days. Payments will be charged to the credit card on file.

CANCELLATION NOTICE. I acknowledge that cancellation notices must be issued to Morter Institute in writing during its regular office hours. The cancellation must be confirmed received via email from Morter Institute. I will email info@drsuemorter.com if I must cancel my JourneyAwake Excursion.

CANCELLATION FEES. I acknowledge that in the event of cancellation, I will be liable to pay MORTER INSTITUTE cancellation fees as listed below.

IMAGE AND AUDIO RELEASE. I agree to grant MORTER INSTITUTE a worldwide, royalty-free license to use my photographic, video or digital likeness, or audio recordings solely for promotional, educational and/or commercial purposes.

WAIVER AND RELEASE OF LIABILITY

I, the undersigned, agree to this release of all claims, waiver of liability and assumption of risk. I waive any and all claims I may have, now and in the future, and release from all liability and agree not to sue Dr. Sue Morter, Dr. Sue Morter LLC (doing business as MORTER INSTITUTE), and/or its employees, contractors and/or volunteers for any personal injury, death, property damage, or loss sustained by me as a result of my participation in a JourneyAwake Excursion due to any cause whatsoever, without limitation.

I am aware that the JourneyAwake Excursion offered, in addition to the usual risks inherent in international travel, has certain additional risks such as physical exertion for which I may not be prepared. I accept all of the inherent risks of the JourneyAwake Excursion, and the possibility of personal injury, permanent disability, death or property damage or loss resulting therefrom.

I confirm that, by my own free will, I have read and understood the terms and conditions of this JourneyAwake Excursion and Waiver and Release of Liability and I agree this Waiver and Release of Liability will be binding upon my heirs, next of kin, executors, administrators and successors.

FOR JOURNEYAWAKE® EGYPT EXCURSION

Payment Options:

- **Full payment** – remaining balance is automatically charged on June 30, 2024 to the credit card on file.
 - **Payment Over Time** – six payments, January through June, 2024, auto-charged every 30 days to the credit card on file.
- Bookings made after June 30, 2024 to departure date are subject to space availability and require full payment, plus a \$200 late fee immediately upon booking.

CANCELLATION TIMELINE AND FEES

- **Booking Deposits are non-refundable, non-transferable.**
- **Balance is non-refundable and non-transferable after June 30, 2024. There will be no refund.**

By signing below, I affirm that I fully understand and agree to these Terms and Conditions, Waiver and Release of Liability.

SIGNATURE: _____

DATE: _____